

# HEALTH & HUMAN PERFORM - HHP

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**HHP 506 Epidemiology** 1-2 Credits

The study of the distribution and determinants of health related states or events in a population and applications to control specific health problems. Emphasis will be placed on discussing evidence for the role of lifestyle choices in determining long-term health and chronic disease risk.

**Offered:** every fall, online only.

**HHP 521 Exercise Testing** 3 Credits

Didactic instruction and practical training will be used to educate students in the various methodologies used to assess adult health and fitness. Practical experiences include the assessment of cardiovascular risk, coronary artery disease risk stratification, body composition assessment, functional capacity assessment and muscular fitness assessment.

**Offered:** every spring.

**HHP 604 Internship II** 3 Credits

Continues HHP 603.

**Prerequisite:** HHP 603 & permission of program director.

**Offered:** fall, spring & summer.