SPORTS PSYCHOLOGY MINOR

The sports psychology minor provides students interested in psychology and physical education with an interdisciplinary approach to the study of sport, physical activity, health psychology, exercise psychology or coaching. The minor ideally prepares the student for careers in coaching or sport psychology. Students may seek advisement from the Psychology Department or the Department of Kinesiology.

Curriculum

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<th>Code</th>
<th>Title</th>
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<tr>
<td>PSY 101</td>
<td>Introduction to Psychology I</td>
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<td>PSY 102</td>
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<td>Basic Statistics for Behavioral Sciences</td>
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<td>Leadership and Motivation</td>
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<td>Concepts of Teaching Sport Skills</td>
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