

# COUNSELING & HUMAN SERVICES- EDC

## EDC 505 Dignity for All Students Act 0 Credits

Dignity for All Students Workshop mandated by NYSED for the prevention of bullying in academic settings. This mandated program is embedded into EDC 590 Advanced School Counseling.

**Corequisite:** EDC 590.

**Offered:** every spring.

## EDC 509 Counseling Marginalized Youth 1 Credit

This course examines marginalized youth residing in an urban environment. This course will provide school counselors and mental health counselors with the tools to support youth with various needs; sexual identity, immigrant and refugee status, poverty, mental health, homelessness, and crisis and trauma. Research suggests living in a poor urban setting creates a disproportionate risk for experiencing trauma; poverty and instability can have a great impact on marginalized youth. This course will examine empirical research, discuss models and theories.

**Offered:** every spring.

## EDC 511 Opioid Use Disorder: Changing the face of Addictions Counseling 1 Credit

This course will review recent trends and events that have contributed to the current national opioid epidemic and the subsequent impact this has had on the counseling field. Students will gain an understanding on how opioid use disorder impacts their clients physically and psychologically. Empirically based treatment interventions specific to this client population will be discussed. Students will increase their knowledgebase and understanding of opioid use disorder and the widespread impact that such an addiction creates in the lives of individuals who suffer from this addiction. Limited to Counseling graduate students.

**Offered:** every spring.

## EDC 512 Best Practices in School Counseling 1 Credit

This course is designed to help new professionals survive their first year as a school counselor! The course will explore academic counseling, scheduling, college counseling, career choices and websites, and social-emotional counseling. Real life examples will be explored and discussed to further enhance students understanding of best practices delivered within a school counseling setting. A variety of resources (software, websites, counseling organizations, etc) available to school counselors will be explored.

**Offered:** every fall.

## EDC 516 Autism Spectrum Disorders Across the Lifespan 1 Credit

Autism Spectrum Disorders across the Life Span provides students an introduction to ASD characteristics, the comorbidity with ADHD and Sensory Integration Dysfunction not only in children but adults as well.

**Offered:** every spring.

## EDC 520 The Practice of Telehealth 1 Credit

This course is designed to introduce graduate students to the concepts and skills necessary to utilize technology to provide services to individuals at a distance. This course will provide students with the opportunity to learn how to access, use and provide treatment interventions provided through telehealth. Legal, regulatory, and ethical issues related to the delivery of telehealth counseling will be explored.

**Offered:** every fall.

## EDC 559 Behavioral Health Counseling 3 Credits

Occasionally physicians choose to embed Licensed Mental Health Counselors into a primary care practice. This course will introduce students to learn how to fully integrate one's counseling skills/clinical practice into a medical office.

**Offered:** every summer.

## EDC 560 Child Abuse Identification and Reporting Workshop mandated by NYSED 0 Credits

This non-credit mandated workshop is embedded into EDC 570.

**Corequisite:** EDC 570.

**Offered:** every fall & spring.

## EDC 561 Trauma, Crisis, and Loss Counseling 3 Credits

This course is designed to provide counselors with an understanding of trauma, crisis and loss. The neurobiology of trauma will be the foundation on which the knowledge and skills of trauma sensitive practice will be developed. The connection of crisis situations to trauma will be covered. The counselor's role in healing from loss will be explored.

**Offered:** every fall & spring.

## EDC 564 Introduction to Gender Identity, Gender Expression, and Sexuality 3 Credits

This course introduces students to the queer and gender nonconforming community. We will discuss counseling approaches, support, assessments, diagnosis and treatment that enhances student awareness and competency when working with the LBGTQA+ population.

**Offered:** every fall.

## EDC 565 Youth in the Justice System 1 Credit

The purpose of this course is to examine youth in the juvenile justice system. Students will be exposed to the theories that help professionals understand the development of delinquency within the context of individuals, families and communities. Understanding the mechanisms that contribute to delinquency is important for counseling in the educational and mental health settings. This course will focus on some of the most pressing issues that face the juvenile justice system and counseling professionals who work within this system. The course is designed for school counselors and mental health counselors interested in working in juvenile justice settings or students interested in working with youth populations who may experience contact with the justice system.

**Offered:** every fall.

## EDC 566 School Violence Prevention and Intervention Workshop 0 Credits

School Violence Prevention and Intervention NYSED mandated workshop. This workshop is embedded into EDC 576.

**Corequisite:** EDC 576.

**Offered:** fall & spring.

## EDC 567 Principles of School Counseling 3 Credits

The various roles, functions, responsibilities and identity of the school counselor are the focus of this course. This course presents social, political and current professional issues within school counseling.

**Prerequisite:** Minimum grade of C- in EDC 570 (can be taken concurrently).

**Offered:** every fall.

## EDC 568 Principles and Practices of Mental Health Counseling 3 Credits

Introduction to historical and organizational perspectives of Mental Health Counseling services. This course presents the roles and functions of mental health counselors and the current professional issues confronting those in the mental health field.

**Prerequisite:** Minimum grade of C- in EDC 570.

**Offered:** every spring.

- EDC 570 Introduction to Professional Counseling and Ethics** 3 Credits  
This course serves as an introduction to the roles, philosophy, issues, theories, professional foundations and ethics for counselors in schools and community agencies.  
**Corequisite:** EDC 560.  
**Offered:** fall & spring.
- EDC 571 Psychological and Educational Assessment** 3 Credits  
This course examines the selection, use, interpretation and critical evaluation of standardized psychological tests of intelligence, achievement, interest and personality. The practical use of psychological and educational assessment in counseling is reviewed.  
**Prerequisite:** Minimum grade of C- in EDC 570 (can be taken concurrently).  
**Offered:** fall & spring.
- EDC 572 Career Counseling** 3 Credits  
Current theories, resources and processes pertinent to vocational development, decision-making and career counseling will be studied in this course.  
**Prerequisite:** Minimum grade of C- in EDC 570 (can be taken concurrently).  
**Offered:** fall & spring.
- EDC 573 Counseling Theories** 3 Credits  
The introduction of historical and current theories of counseling and psychotherapy. Students study the application of those theories to realistic case situations and the development of the individual student's approach to the helping relationship.  
**Offered:** every fall & spring.
- EDC 574 Group Counseling** 3 Credits  
This course studies the theoretical and experiential basis for dealing with groups in both information-oriented and therapy-oriented situations. Values and limitations of group techniques are delineated.  
**Prerequisite:** Minimum grade of C- in EDC 570 (can be taken concurrently).  
**Offered:** every fall & spring.
- EDC 575 Pre-Practicum Helping Skills** 3 Credits  
Application of theory, consultation and other helping skills conducted in a supervised educational environment. Completion of this course is necessary before doing any field-based practicum or internship. A minimum grade of B is required in pre-practicum to advance to practicum.  
**Prerequisite:** Minimum grade of C- in EDC 570 & EDC 573.  
**Offered:** every fall, spring, & summer.
- EDC 576 School Practicum** 3 Credits  
The first of three field experiences, this is a school-centered placement of student counselors for experiential purposes. Directed activities develop understanding of the role and skills of the school counselor. School violence issues related to Safe Schools Against Violence in Education (SAVE) legislation are discussed in the course seminar. Successful completion of Practicum with a grade of B or better. This includes the Cooperating Counselor's evaluation of the student/candidate with a grade of B or better.  
**Prerequisite:** Minimum grade of C- in EDC 567, EDC 570 & EDC 573; and minimum grade of B in EDC 575. **Corequisite:** EDC 566.  
**Offered:** every fall & spring.
- EDC 577 Mental Health Practicum** 3 Credits  
The first of two field experiences, this is an agency-centered placement of student counselors for experiential purposes. Directed activities develop understanding of the role and clinical skills of community mental health counselors. Successful completion of Practicum with a grade of B or better. This includes the Cooperating Counselor's evaluation of the student/candidate with a grade of B or better.  
**Prerequisite:** Minimum grade of C- in EDC 568, EDC 570 & EDC 573; & minimum grade of B in EDC 575.  
**Offered:** every fall, spring, & summer.
- EDC 579 Social and Cultural Issues in Counseling** 3 Credits  
A broad range of diversity issues in counseling including ethnic, racial, gender, disability, and sexual orientation are discussed. The focus is on developing sensitivity and counseling skills that are applicable to all clients.  
**Offered:** fall & spring.
- EDC 581 Grief Counseling** 3 Credits  
This is an elective course to educate the counselor about the grief response in individuals and families when faced with disappointment and loss, especially when the loss entails death.  
**Offered:** every summer.
- EDC 585 Chemical Dependency and Rehabilitation** 3 Credits  
This course reviews the history of drug abuse and characteristics of drug dependence and chemical abuse treatment modalities, including strategies for prevention, intervention and rehabilitation.  
**Offered:** every fall & spring.
- EDC 589 Family and Couples Counseling** 3 Credits  
The course outlines the characteristics of normal and troubled families. There is an emphasis on the theories and techniques of family counseling, including the works of Minuchin, Satir, Bowen and Haley. Solution Focused approaches and other post-modern theories are also discussed.  
**Prerequisite:** Minimum grade of C- in EDC 570.  
**Offered:** every fall & spring.
- EDC 590 Advanced School Counseling** 3 Credits  
Designed for the practicing professional school counselor. Content includes administrative and leadership practices in school counseling. Issues, challenges and opportunities within school counseling are discussed.  
**Corequisite:** EDC 505.  
**Offered:** every spring.
- EDC 593 Lifespan Development** 3 Credits  
Human growth and development are the primary topics for this class. It includes individual and family development within various domains (cognitive, career, socio-economic) across the lifespan. Theoretical perspectives for understanding child, adult and family development are discussed and applied to counseling.  
**Offered:** every fall & spring.
- EDC 597 Psychopathology** 3 Credits  
This course provides an in-depth investigation of human abnormality. Students learn the current DSM categories of disorders, depression and considerations for dealing with crisis situations.  
**Prerequisite:** Minimum grade of C- in EDC 570 and 573 (may be taken concurrently).  
**Offered:** fall & spring.
- EDC 598 Case Formulation, Treatment Planning, and Psychopharmacology** 3 Credits  
This course teaches students to integrate information from clinical interviews, behavioral observations, and test results to establish DSM-V diagnoses and to develop person-centered biopsychosocial counseling plans. Major categories of psychotropic medications will be discussed.  
**Prerequisite:** Minimum grade of C- in EDC 597.  
**Offered:** every fall.
- EDC 600 Clinical Mental Health Internship Full time** 6 Credits  
The second of two field experiences, this is a full-time placement within a community mental health facility. The student has to an opportunity to engage in diagnosis, treatment planning and intervention.  
**Prerequisite:** minimum grade of B in EDC 577, and a minimum grade of C- in EDC 597 and EDC 598.  
**Offered:** every fall, spring, & summer.

**EDC 601 Clinical Mental Health Internship Part Time I 3 Credits**

The second of two field experiences, this is the first of a two semester placement within a community mental health facility. The student has an opportunity to engage in diagnosis, treatment planning and intervention. Must be followed by EDC 602.

**Prerequisite:** Minimum grade of B in EDC 577; Minimum grade of C- in EDC 597 and EDC 598.

**Offered:** every fall, spring, & summer.

**EDC 602 Clinical Mental Health Internship Part Time II 3 Credits**

This is the continuation of EDC 601 and is an in-depth experience with the functions of a mental health counselor through placement in a community mental health agency.

**Prerequisite:** Minimum grade of B in EDC 577; Minimum grade of C- in EDC 597 and EDC 598. **Corequisite:** EDC 606.

**Offered:** every fall, spring, & summer.

**EDC 604 School Counseling Internship K-8 3 Credits**

EDC 604 is a school counseling internship completed in a K-8 setting. The student has an opportunity to engage in counseling, guidance and other functions of a school counselor.

**Prerequisite:** Minimum grade of a B in EDC 576, and minimum grade of C- in EDC 597.

**Offered:** every fall & spring.

**EDC 605 School Counseling Internship High School 3 Credits**

EDC 605 is an in-depth experience with the functions of a school counselor through placement in a high school educational setting.

**Offered:** every fall & spring.

**EDC 606 Counselor Preparation Comprehensive Examination 0 Credits**

Students must pass The Counselor Preparation Comprehensive Exam to graduate. Students planning to take the Comprehensive Exam must register for this course to have the exam available.

**Prerequisite:** Minimum grade of B in EDC 576 or EDC 577.

**Offered:** every fall, spring, & summer.

**EDC 615 Research Techniques 3 Credits**

Students learn qualitative and quantitative research methods. The course reviews realistic experiences in carrying out research and evaluation experiments, including inferential statistical methods.

**Offered:** every fall & spring.