ALH 501 Health Promotion and Disease Prevention 3 Credits
This course will provide students with information that will enable them to
develop a practical approach to health promotion and disease prevention for
a specific target population. Specifically, the course is designed to help in
the development of programs within schools, communities, and the work-
place.
Offered: summer & fall, occasionally spring; online only.

ALH 503 Medical Nutrition Therapy 3 Credits
This course will explore the application of nutrition principles to the
treatment and prevention of diseases. This treatment can range from
changes in diet to providing specialized therapies such as intravenous or tube
feeding. Topics discussed will include lifestyle strategies and therapeutic
nutrient intervention to correct nutritional insufficiencies, promote optimal
health, and prevent, manage, or correct medical problems.
Offered: fall & spring, online only.

ALH 602 Cardiopulmonary Pathophysiology 3 Credits
Details the functions of the cardiovascular and respiratory systems
emphasizing normal function, pathophysiology, initiation and progression of
disease and current treatment. Special reference will be made to the role of
exercise as a therapeutic modality.
Prerequisite: an introductory course in anatomy and physiology.
Offered: every fall, online only.

ALH 621 Cardiopulmonary Pharmacodynamics 3 Credits
This course provides study of the current medications used in the treatment
of congestive heart failure, coronary artery disease, arrhythmias, angina and
hypertension, asthma and COPD. The effects of these medications during
acute and chronic exercise and cardiac emergency medications will also be
covered.
Prerequisite: ALH 602.
Offered: every fall, online only.

ALH 631 Research Methods in Allied Health 3 Credits
An intermediate graduate-level course designed to familiarize students with
the elements of research methods with special emphasis on experimental
and quasi-experimental research techniques most commonly used in the
allied health professions. The course also examines issues that deal with
ethical aspects of human experimentation. Special emphasis will be placed
on preparing the student to be able to critically analyze and interpret
research literature. By the end of the course, the student are expected
to complete the majority of a viable research proposal. By the end of
the course students will be able to properly read and critique scientific
literature.
Offered: fall, spring, & summer; online only.

ALH 689 Master's Project 3 Credits
The master's project is designed as a rigorous scholarly activity that provides
an opportunity to integrate theoretical knowledge with research.
Prerequisite: permission of program director.
Offered: fall, spring & summer.

ALH 699 Masters Project II 3 Credits
Continues ALH 689 with an approved thesis proposal by collecting and
analyzing data, and culminates in an approved written thesis.
Prerequisite: ALH 689 & permission of program director.
Offered: fall, spring & summer.

RES 512 Pulmonary Function Testing 3 Credits
A study of pulmonary diagnostic techniques, with an emphasis on pulmonary
function testing and interpretation.
Offered: every spring, online only.