

COACHING ADVANCED CERTIFICATE

Chair: Marya Grande, Ph.D.

Program Director: Jeffrey R. Lindauer, Ph.D. (seymourc@canisius.edu)

Canisius University's graduate advanced certificate in coaching is approved by the New York State Education Department (NYSED) and includes four graduate-level online courses that cover various topics related to today's current challenges in the coaching profession. Completion of the program satisfies the coaching education course requirement and candidates are eligible to apply for a NYSED coaching license. The program focuses on the principles of effective coaching including the role of the coach, practice planning, leadership styles, organization and management, ethics and values clarification, goal setting, communication, career objectives, coaching burn-out and sport psychology. The overriding theme examines the interpersonal strategies leading to a productive coach-athlete relationship.

Curriculum

Code	Title	Credits
Select one of the following:		3
PEG 536	Exercise Physiology	
KIN 502	Essentials of Performance Enhancement	
KIN 602	Clinical Exercise Science	
PEG 565	Principles and Philosophy of Coaching	3
PEG 651	Coaching Theory, Techniques and Exercise Psychology	3
PEG 670	Advanced Teaching Methods in Physical Education	3
Total Credits		12