

# SPORTS PERFORMANCE (ADVANCED CERTIFICATE)

Program Director: Karl F. Kozlowski, PhD, FACSM

This four-course completely online advanced certificate provides an advanced education and experience for those looking to pursue, or with currently established careers in the fields of sports medicine, strength and conditioning and physical education.

The curriculum will provide students with appropriate course work to prepare for the National Academy of Sports Medicine's (NASM) Performance Enhancement Specialization (PES), Corrective Exercise Specialization (CES), Behavior Change Specialist (BCS) and Certified Sports Nutrition Coach (CSNC) certification exams.

## Curriculum

Code	Title	Credits
KIN 502	Essentials of Performance Enhancement	3
KIN 506	Essentials of Corrective Exercise Training	3
KIN 507	Clinical Health Behavior Change	3
KIN 622	Sports and Fitness Nutrition	3
Total Credits		12