

# PHYSICAL EDUCATION AND ATHLETICS (ONPA-MS)

This is a content based physical education Master's degree program that does not lead to initial certification in physical education in NY state. It is meant for candidates who are not from NY state and who do not need to be endorsed for New York State teacher Certification. Candidates can take this Masters Degree in physical education from Cansius University back to their home state use with their Department of Education. Students should check with their department of education how this program can be used for their certification needs.

## Curriculum

Code	Title	Credits
<b>Core Research</b>		
PEG 680	Research Methods in Physical & Health Education	3
PEG 684	Capstone in Teaching Physical Education and Health	3
<b>Teaching Sequence</b>		
PEG 611	Movement Education and Physical Activity	3
PEG 650	Analysis of Curriculum in Physical and Health Teaching	3
PEG 660	Advanced Human Growth and Motor Development	3
PEG 670	Advanced Teaching Methods in Physical Education	3
PEG 671	Authentic Assessment and Exercise Testing in Physical Education	3
<b>Electives:</b>		
Select three of the following:		9
PEG 609	Health and Cultural Awareness	
PEG 612	Principles and Foundations of Holistic Health	
PEG 614	Healthy Behaviors and Alternative Medicine	
PEG 615	Statistics in Physical Education/Health	
PEG 616	International Health Perspectives	
PEG 620	Leadership In Physical Education and Athletics	
PEG 630	Physical Education for the Exceptional Individual	
PEG 645	Performance Enhancements and Interventions: Sports Psychology	
PEG 651	Coaching Theory, Techniques and Exercise Psychology	
PEG 687	Contemporary Foundational Issues in Physical Education and Athletics	
<b>Total Credits</b>		<b>30</b>

## Learning Goals and Objectives

### Learning Goal 1 (KNOWLEDGE – Observed in Writing)

**CANDIDATES IN THE ADVANCED PHYSICAL EDUCATION PROGRAM WILL DEMONSTRATE CONTENT KNOWLEDGE, PEDAGOGICAL, AND PROFESSIONAL KNOWLEDGE NECESSARY FOR SUCCESSFUL PERFORMANCE IN THEIR FIELD.**

#### Candidates will:

- Come to understand disciplinary content knowledge, the application of content knowledge to teaching physical education, and modes of inquiry that form the bases for physical education programs and instruction
- Use their knowledge of students to make every student feel important. They communicate through a humane, sensitive approach that each child, regardless of ability, can succeed and will benefit from a physically active, healthy lifestyle.
- Have a deep and broad understanding of the content and principles of physical education, which enables them to devise sound and developmentally appropriate instructional activities.

### Learning Goal 2 (KNOWLEDGE – Observed Skills and Dispositions)

**CANDIDATES IN THE ADVANCED PHYSICAL EDUCATION PROGRAM WILL DEMONSTRATE PROFESSIONAL SKILLS AND DISPOSITIONS NECESSARY FOR SUCCESSFUL PERFORMANCE IN THEIR FIELD.**

#### Candidates will:

- Accomplished teachers of physical education create and sustain a welcoming, safe, and challenging environment in which students engage in and enjoy physical activity. They establish an orderly atmosphere with established protocols and expectations conducive to providing maximum learning for all students.

### Learning Goal 3 (SERVICE)

**CANDIDATES IN ADVANCED PHYSICAL EDUCATION PROGRAM WILL DEMONSTRATE WILLINGNESS TO USE THEIR SKILLS TO BENEFIT AND SERVE SOCIETY. WITHIN THE CONTEXTS OF THEIR WORK, CANDIDATES PROMOTE AUTHENTIC LEARNING, SOCIAL AND EMOTIONAL DEVELOPMENT, AND A COMMITMENT TO SOCIAL JUSTICE IN ENVIRONMENTS THAT FOSTER RESPECT FOR DIVERSITY AND THE DIGNITY OF ALL.**

#### Candidates will:

- Model and promote behavior appropriate in a diverse society by showing respect for and valuing all members of their communities and by having high expectations that their students will treat one another fairly and with dignity.
- Create advocates for physical education by providing opportunities for family involvement and the involvement of the broader community in the physical education program.

### **Learning Goal 4 (PROFESSIONALISM)**

**CANDIDATES WILL DEMONSTRATE SELF-REFLECTION AS A HABIT OF MIND, CONTINUOUSLY ASSESSING AND REFINING THEIR PROFESSIONAL PRACTICE AS THEY CONSTRUCT A RICH REPERTOIRE OF RESEARCH-BASED KNOWLEDGE, SKILLS, AND ATTITUDES FOR EFFECTIVE PERFORMANCE ENSURING THAT ALL STUDENTS AND/OR CLIENTS HAVE OPTIMAL OPPORTUNITIES TO LEARN AND GROW.**

**Candidates will:**

- Participate in a wide range of reflective practices that foster their creativity, stimulate personal growth, contribute to content knowledge and classroom skill, and enhance professionalism.

### **Learning Goal 5 (LEADERSHIP)**

**CANDIDATES WILL BECOME ADEPT AT APPLYING THEIR ACQUIRED KNOWLEDGE IN THE PROCESS OF EVALUATING THEIR OWN PROFESSIONAL PERFORMANCE AND DECISION-MAKING WITH RESPECT TO ITS IMPACT ON STUDENTS AND/OR CLIENTS, ORGANIZATIONS, AND THE WIDER COMMUNITY.**

**Candidates will:**

- Do not work in isolation but function as members of a large learning community. Recognizing that their responsibilities extend beyond their own classrooms, they contribute purposefully to enhancing instructional programs and improving the professional culture of their field.