

# CLINICAL/COUNSELING PSYCHOLOGY MINOR (ADULT POPULATIONS)

<sup>3</sup> Please note that PSY 410 requires a minimum grade of C in PSY 101 or PSY 102 or BIO 111 or BIO 114 or BIO 345 or permission of instructor

The Clinical/Counseling Minor (Adult Populations) is appropriate for individuals planning careers in Psychology (Clinical/Counseling), Social Work, Mental Health Counseling, or any other field tied to the provision of mental health services. A minor in clinical/counseling psychology is useful for individuals interested in providing therapeutic services to a variety of client populations. Whereas some opportunities directly related to psychology do exist for bachelor's degree holders (e.g., assistants in rehabilitation centers, or in other jobs involving data collection and analysis), attaining an advanced degree in the field (e.g., Master or Doctorate) leads to a broader array of potential career opportunities. Individuals interested in advanced degrees in psychology have the opportunity to learn psychotherapeutic approaches (e.g., psychodynamic, interpersonal, cognitive-behavioral, eclectic) to treat a variety of adjustment and mental health problems with various populations (e.g., individual, family, marital, group).

Minors are an important part of the undergraduate curriculum. If students declare a minor by sophomore year, they can usually complete it in a timely manner. Students should work with their advisor to determine if it is possible that the minor can be completed by graduation.

To receive a minor, a student must complete at least 9 credit hours of coursework distinct from their major(s) and from other minors, and students must complete more than 50% of the coursework required for the minor at Canisius. Please note that "ancillary/supporting" courses required for a major may still count as distinct courses as long as the remaining coursework still meets the 30 credit-hours required for a major. For more information about minor policies, please see the Declaring Majors and Minors (<http://catalog.canisius.edu/undergraduate/academics/student-records/declaring-majors-minors/>) page in the catalog.

## Curriculum

Code	Title	Credits
PSY 303	Abnormal Psychology	3
PSY 452	Techniques of Counseling	3
or PSY 453	Theories of Counseling	
Choose four of the following classes		12
PSY 302	Personality Psychology	
PSY 323	Motivation and Emotion	
PSY 324	Cognitive Psychology	
PSY 391	Biopsychology of Stress	
PSY 395	Assessment in the Behavioral Sciences <sup>1</sup>	
PSY 397	Neurobiology of Mental Disorders <sup>2</sup>	
PSY 410	Fundamentals of Human Neuropsychology <sup>3</sup>	
PSY 498	Psychology Practicum (must take 498C - clinical counseling psychology)	
<b>Total Credits</b>		<b>18</b>

<sup>1</sup> Please note that PSY 201 is a prerequisite for PSY 395

<sup>2</sup> Please note that PSY 101 and PSY 102 or permission by instructor are prerequisites for PSY 397