CLINICAL/COUNSELING PSYCHOLOGY MINOR (ADULT POPULATIONS)

The Clinical/Counseling Minor (Adult Populations) is appropriate for individuals planning careers in Psychology (Clinical/Counseling), Social Work, Mental Health Counseling, or any other field tied to the provision of mental health services. A minor in clinical/counseling psychology is useful for individuals interested in providing therapeutic services to a variety of client populations. Whereas some opportunities directly related to psychology do exist for bachelor’s degree holders (e.g., assistants in rehabilitation centers, or in other jobs involving data collection and analysis), attaining an advanced degree in the field (e.g., Master or Doctorate) leads to a broader array of potential career opportunities. Individuals interested in advanced degrees in psychology have the opportunity to learn psychotherapeutic approaches (e.g., psychodynamic, interpersonal, cognitive-behavioral, eclectic) to treat a variety of adjustment and mental health problems with various populations (e.g., individual, family, marital, group).

Minors are an important part of the undergraduate curriculum. If students declare a minor by sophomore year, they can usually complete it in a timely manner. Students should work with their advisor to determine if it is possible that the minor can be completed by graduation.

To receive a minor, a student must complete at least 9 credit hours of coursework distinct from their major(s) and from other minors, and students must complete more than 50% of the coursework required for the minor at Canisius. Please note that “ancillary/supporting” courses required for a major may still count as distinct courses as long as the remaining coursework still meets the 30 credit-hours required for a major. For more information about minor policies, please see the Declaring Majors and Minors (http://catalog.canisius.edu/undergraduate/academics/student-records/declaring-majors-minors/) page in the catalog.

### Curriculum

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
</tr>
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<tbody>
<tr>
<td>PSY 303</td>
<td>Abnormal Psychology</td>
<td>3</td>
</tr>
<tr>
<td>PSY 452</td>
<td>Techniques of Counseling</td>
<td>3</td>
</tr>
<tr>
<td>or PSY 453</td>
<td>Theories of Counseling</td>
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Choose four of the following classes: 12

- PSY 302 Personality Psychology
- PSY 323 Motivation and Emotion
- PSY 324 Cognitive Psychology
- PSY 391 Biopsychology of Stress
- PSY 395 Assessment in the Behavioral Sciences

- PSY 397 Neurobiology of Mental Disorders
- PSY 410 Fundamentals of Human Neuropsychology
- PSY 498 Psychology Practicum (must take 498C - clinical counseling psychology)

Total Credits 18

1 Please note that PSY 201 is a prerequisite for PSY 395
2 Please note that PSY 101 and PSY 102 or permission by instructor are prerequisites for PSY 397
3 Please note that PSY 410 requires a minimum grade of C in PSY 101 or PSY 102 or BIO 111 or BIO 114 or BIO 345 or permission of instructor