

# HEALTH & PHYSICAL EDUCATION - HED

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## HED 308 Early Field Experience Health 0 Credits

The teacher candidate will participate in K-12 school level health education. To successfully complete this experience the candidate will complete a 50 hour placement with an assigned local health educator.

**Restriction:** permission of program director. This course must be completed at Canisius University.

**Offered:** every fall & spring.

## HED 325 School Health 3 Credits

Students explores the most prevalent health and safety issues of schoolaged children and youth and examines rationale for health education, theories, methods, strategies, and techniques of health education program planning. Additionally, students will plan effective comprehensive school health education programs: integration of school and community services.

**Restriction:** must be physical education or physical and health education major.

**Offered:** spring.

## HED 326 School Health Curriculum 3 Credits

Students will practice strategies and methodologies needed for effectively teaching health education. Students will demonstrate their ability to plan for instruction by writing and implementing learning experiences that meet the National Health Education Standards.

**Restriction:** must be physical education or physical and health education major.

**Offered:** every fall.