HEALTH & PHYSICAL EDUCATION - HED

HED 308 Early Field Experience Health  
0 Credits  
The teacher candidate will participate in K-12 school level health education. To successfully complete this experience the candidate will complete a 30 hour placement with an assigned local health educator. 
Restriction: permission of program director. This course must be completed at Canisius College. 
Offered: fall & spring.

HED 321 Lifeguard, C.P.R., First Aid, WSI  
3 Credits  
Knowledge, skill techniques and appreciations necessary to meet certification requirements of the American Red Cross. Certification fee required for this course. 
Prerequisite: department swimming test and completion of departmental recommendation. Restriction: must be in the undergraduate or graduate must be physical education program. 
Offered: fall.

HED 325 School Health  
3 Credits  
Students explores the most prevalent health and safety issues of schoolaged children and youth and examines rationale for health education, theories, methods, strategies, and techniques of health education program planning. Additionally, students will plan effective comprehensive school health education programs: integration of school and community services. 
Restriction: must be physical education or physical and health education major. 
Offered: spring.

HED 326 School Health Curriculum  
3 Credits  
Students will practice strategies and methodologies needed for effectively teaching health education. Students will participate in 50 hours of field experience, if they have not already done so, and will analyze experiences as a process to improving instruction. Students will demonstrate their ability to plan for instruction by writing and implementing learning experiences that meet the National Health Education Standards. 
Restriction: must be physical education or physical and health education major. 
Offered: every fall.